





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
KIDS KARATE 4:00PM - 5:00PM Kelly Studio 1	KIDS KICKBOXING 4:00PM - 5:00PM Studio 1	KIDS KARATE 4:00PM - 5:00PM Kelly Studio 1	KIDS KICKBOXING 4:00PM - 5:00PM Jack Studio 1	BODYPUMP 5:30PM - 6:30PM Hayley Studio 2		HOT YOGA - YANG 3:00PM - 4:00PM ROTATING Blue Room
KIDS JUDO 4:00PM - 5:00PM Warren Studio 1	<b>Z-CIRCUIT</b> 5:00PM - 5:30PM Jake GYM Floor	KIDS JUDO 4:00PM - 5:00PM Warren Studio 1	KICKBOXING 5:00PM - 6:00PM SCERRI			HOT YOGA - YIN 4:00PM - 5:00PM Rotating Blue Room
TEEN FITNESS 4:00PM - 5:00PM GEORGIA STUDIO 2	SPARRING 5:00PM - 5:30PM Ben Studio 1	KIDS HIP HOP 4:00PM - 5:00PM AMY Studio 2	<b>Z-CIRCUIT</b> 5:00PM - 5:30PM Jake GYM Floor			
*BOXING 5:00PM - 6:00PM BENNY STUDIO 1	BODYPUMP 5:30PM - 6:30PM GEMMA Studio 2	<b>*BOXING</b> 5:00PM - 6:00PM BENNY STUDIO 1	SPARRING 5:00PM - 5:30PM Ben Studio 1			
HOT ABS 5:00PM - 5:30PM TIM Blue Room		HOT ABS 5:00PM - 5:30PM Tim Blue Room	SH'BAM 5:30PM - 6:15PM Michael Studio 2			
HOT YOGA - SWEET VINYASA 5:30PM - 6:30PM Cinthya Blue Room		SH'BAM 5:00PM - 5:45PM Michael Studio 2				
		HOT YOGA 5:30PM - 6:30PM Lora Blue Room				